



APPLEBY
HUB

Cafe • Books • Workshops • Clubs

Chapel Street, Appleby, CA16 6QR

HUB SALAD MASTERCLASS

Wednesday 13 May 10-1pm
£60 incl all ingredients & lunch



Join Jane to make three of our most popular Hub Salads. We start with a chat about ingredients and discuss how the recipes can be adapted to suit allergies and dietary requirements.

We work in teams to produce the salads, tasting as we go then enjoy a meat & cheese platter and a final taste of our salads before sharing them out to take home and share.

Book online at www.theedenworkshop.co.uk or
email jane.farkins@right2work.org.uk